



NORTH FLORIDA

WOMEN'S TRACK & FIELD

2021 OUTDOOR RESULTS/PERFORMANCE LIST

2021 SCHEDULE/RESULTS

Date	Event	Location	Result
Mar. 19	UCF Invite	Orlando, Fla.	No team scores
Mar. 25-26	FSU Relays	Tallahassee, Fla.	No team scores
Apr. 3	USF Invite	Tampa, Fla.	No team scores
Apr. 9-10	Flames Invitational	Cleveland, Tenn.	No team scores
Apr. 16-17	Tom Jones Invite	Gainesville, Fla.	No team scores
Apr. 29-30	UNF Invitational	Jacksonville, Fla.	No team scores
May 14-15	ASUN Outdoor Championships	Jacksonville, Fla.	5th of 6 teams
May 27-29	NCAA East Preliminaries	Jacksonville, Fla.	Qualifier: Lydia Van Dijk (1500m)

2021 PERFORMANCES BY EVENT

* = School Record | P = Prelim

200 METERS

Time	Name	Meet	Date	Finish
24.35	Jennifer Brunson	ASUN Championship	May 15	T6
24.98	Jennifer Brunson	UNF Invite	Apr. 29	31
25.09	Jennifer Brunson	Tom Jones Invite	Apr. 16	40
25.28	Jennifer Brunson	USF Invite	Apr. 4	9
25.49	Jennifer Brunson	UCF Black & Gold Invite	Mar. 19	22
25.56	Jennifer Brunson	FSU Relays	Mar. 25	24
26.46	Jade Sullivan	FSU Relays	Mar. 25	28

400 METERS

Time	Name	Meet	Date	Finish
56.01	Jennifer Brunson	Tom Jones Invite	Apr. 17	15
56.59	Jennifer Brunson	UNF Invite	Apr. 30	16
56.76	Jennifer Brunson	ASUN Championship	May 15	4
57.06	Jennifer Brunson	USF Invite	Apr. 4	11
59.94	Jade Sullivan	Tom Jones Invite	Apr. 17	22

400 METER HURDLES

Time	Name	Meet	Date	Finish
1:03.18	Jade Sullivan	UCF Black & Gold Invite	Mar. 19	4
1:03.72	Jade Sullivan	ASUN Championship	May 15	3
1:03.86	Jade Sullivan	FSU Relays	Mar. 26	12
1:04.23	Jade Sullivan	UNF Invite	Apr. 29	26
1:04.53	Jade Sullivan	Tom Jones Invite	Apr. 16	14

800 METERS

Time	Name	Meet	Date	Finish
2:10.16	Lydia Van Dijk	ASUN Championship	May 15	5
2:10.96	Lydia Van Dijk	UNF Invite	Apr. 30	15

1500 METERS

Time	Name	Meet	Date	Finish
4:20.33*	Lydia Van Dijk	UNF Invite	Apr. 29	6
4:20.37	Lydia Van Dijk	ASUN Championship	May 15	2
4:22.17	Lydia Van Dijk	NCAA East Prelims	May 27	29
4:26.08	Lydia Van Dijk	Tom Jones Invite	Apr. 16	15
4:28.39	Lydia Van Dijk	Flames Invitational	Apr. 9	2
4:35.19	Lydia Van Dijk	FSU Relays	Mar. 26	5
4:36.38	Lydia Van Dijk	UCF Black & Gold Invite	Mar. 19	2
4:41.30	Mia McLain	Tom Jones Invite	Apr. 16	24
4:44.22	Grace Gumpel	UCF Black & Gold Invite	Mar. 19	7
4:45.51	Mia McLain	UCF Black & Gold Invite	Mar. 19	9
4:48.77	Sadie McLaughlin	Tom Jones Invite	Apr. 16	29
4:49.12	Sadie McLaughlin	UCF Black & Gold Invite	Mar. 19	11
4:50.87	Camryn Cooney	UCF Black & Gold Invite	Mar. 19	13
4:52.94	Billie Castillo	UCF Black & Gold Invite	Mar. 19	14
4:58.22	Chelsey Oliver	UCF Black & Gold Invite	Mar. 19	16

3000 METER STEEPLECHASE

Time	Name	Meet	Date	Finish
11:24.21	Mia McLain	ASUN Championship	May 14	5
11:28.94	Grace Gumpel	UNF Invite	Apr. 29	5
11:32.17	Grace Gumpel	ASUN Championship	May 14	7
11:38.61	Mia McLain	UNF Invite	Apr. 29	6

2021 PERFORMANCES BY EVENT

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5000 METERS

Time	Name	Meet	Date	Finish
17:29.44	Camryn Cooney	Flames Invitational	Apr. 9	8
17:39.67	Grace Gumpel	Flames Invitational	Apr. 9	13
17:43.74	Sadie McLaughlin	Flames Invitational	Apr. 9	14
17:44.76	Camryn Cooney	FSU Relays	Mar. 25	2
17:50.04	Billie Castillo	UNF Invite	Apr. 29	16
17:51.60	Grace Gumpel	FSU Relays	Mar. 25	5
17:53.17	Mia McLain	Flames Invitational	Apr. 9	16
17:58.01	Sadie McLaughlin	FSU Relays	Mar. 25	7
18:02.72	Billie Castillo	Flames Invitational	Apr. 9	21
18:04.62	Billie Castillo	FSU Relays	Mar. 25	8
18:09.06	Raquel Lespasio	UNF Invite	Apr. 29	22
18:11.05	Camryn Cooney	ASUN Championship	May 15	11
18:12.98	Sadie McLaughlin	UNF Invite	Apr. 29	24
18:16.71	Sadie McLaughlin	ASUN Championship	May 15	12
18:25.34	Mia McLain	ASUN Championship	May 15	13
18:36.06	Billie Castillo	ASUN Championship	May 15	14
18:37.31	Raquel Lespasio	FSU Relays	Mar. 25	10
18:47.58	Raquel Lespasio	ASUN Championship	May 15	15

10000 METERS

Time	Name	Meet	Date	Finish
37:49.51	Raquel Lespasio	ASUN Championship	May 14	5
38:20.80	Raquel Lespasio	Flames Invitational	Apr. 9	15

HIGH JUMP

Mark	Name	Meet	Date	Finish
1.64m	Kaley Petrosky	FSU Relays	Mar. 25	7
1.63m	Kaley Petrosky	USF Invite	Apr. 4	T6
1.62m	Kaley Petrosky	ASUN Championship	May 15	T3
1.60m	Kaley Petrosky	UCF Black & Gold Invite	Mar. 19	5
1.60m	Kaley Petrosky	UNF Invite	Apr. 29	14

POLE VAULT

Mark	Name	Meet	Date	Finish
3.85m	Louisa Washburn	USF Invite	Apr. 4	2
3.80m	Louisa Washburn	UNF Invite	Apr. 29	3
3.72m	Louisa Washburn	ASUN Championship	May 14	2
3.60m	Louisa Washburn	Tom Jones Invite	Apr. 17	T13
3.50m	Louisa Washburn	UCF Black & Gold Invite	Mar. 19	2
3.25m	Pacheco Juliette	USF Invite	Apr. 4	10
3.20m	Pacheco Juliette	UCF Black & Gold Invite	Mar. 19	4

2021 PERFORMANCES BY INDIVIDUAL

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JENNIFER BRUNSON

200 Meters

Time	Event	Date	Finish
24.35	ASUN Championship	May 15	T6
24.98	UNF Invite	Apr. 29	31
25.09	Tom Jones Invite	Apr. 16	40
25.28	USF Invite	Apr. 4	9
25.49	UCF Black & Gold Invite	Mar. 19	22
25.56	FSU Relays	Mar. 25	24

400 Meters

Time	Event	Date	Finish
51.06	Tom Jones Invite	Apr. 17	15
56.59	UNF Invite	Apr. 30	16
56.76	ASUN Championship	May 15	4
57.06	USF Invite	Apr. 4	11

BILLIE CASTILLO

1500 Meters

Time	Event	Date	Finish
4:52.94	UCF Black & Gold Invite	Mar. 19	14

5000 Meters

Time	Event	Date	Finish
17:50.04	UNF Invite	Apr. 29	16
18:02.72	Flames Invitational	Apr. 9	21
18:04.62	FSU Relays	Mar. 25	8
18:36.06	ASUN Championship	May 15	14

CAMRYN COONEY

1500 Meters

Time	Event	Date	Finish
4:50.87	UCF Black & Gold Invite	Mar. 19	13

5000 Meters

Time	Event	Date	Finish
17:29.44	Flames Invitational	Apr. 9	8
17:44.76	FSU Relays	Mar. 25	2
18:11.05	ASUN Championship	May 15	11

GRACE GUMPEL

1500 Meters

Time	Event	Date	Finish
4:44.22	UCF Black & Gold Invite	Mar. 19	7

3000 Meter Steeplechase

Time	Event	Date	Finish
11:28.94	UNF Invite	Apr. 29	5
11:32.17	ASUN Championship	May 14	7

5000 Meters

Time	Event	Date	Finish
17:39.67	Flames Invitational	Apr. 9	13
17:51.60	FSU Relays	Mar. 25	5

PACHECO JULIETTE

Pole Vault

Mark	Event	Date	Finish
3.25m (10-8)	USF Invite	Apr. 4	10
3.20m (10-6)	UCF Black & Gold Invite	Mar. 19	4

RAQUEL LESPASIO

5000 Meters

Time	Event	Date	Finish
18:09.06	UNF Invite	Apr. 29	22
18:37.31	FSU Relays	Mar. 25	10
18:47.58	ASUN Championship	May 15	15

10000 Meters

Time	Event	Date	Finish
37:49.51	ASUN Championship	May 14	5
38:20.80	Flames Invitational	Apr. 9	15

MIA MCLAIN

1500 Meters

Time	Event	Date	Finish
4:41.30	Tom Jones Invite	Apr. 16	24
4:45.51	UCF Black & Gold Invite	Mar. 19	9

3000 Meter Steeplechase

Time	Event	Date	Finish
11:24.21	ASUN Championship	May 14	5
11:38.61	UNF Invite	Apr. 29	6

5000 Meters

Time	Event	Date	Finish
17:53.17	Flames Invitational	Apr. 9	16
18:25.34	ASUN Championship	May 15	13

SADIE MCLAUGHLIN

1500 Meters

Time	Event	Date	Finish
4:48.77	Tom Jones Invite	Apr. 16	29
4:49.12	UCF Black & Gold Invite	Mar. 19	11

5000 Meters

Time	Event	Date	Finish
17:43.74	Flames Invitational	Apr. 9	14
17:58.01	FSU Relays	Mar. 25	7
18:12.98	UNF Invite	Apr. 29	24
18:16.71	ASUN Championship	May 15	12

CHELSEY OLIVER

1500 Meters

Time	Event	Date	Finish
4:58.22	UCF Black & Gold Invite	Mar. 19	16

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KALEY PETROSKY

Long Jump

Mark	Event	Date	Finish
1.64m (5-4.5)	FSU Relays	Mar. 25	7
1.63m (5-4.25)	USF Invite	Apr. 4	T6
1.62m (5-3.75)	ASUN Championship	May 15	T3
1.60m (5-3)	UCF Black & Gold Invite	Mar. 19	5
1.60m (5-3)	UNF Invite	Apr. 29	14

JADE SULLIVAN

200 Meters

Time	Event	Date	Finish
26.46	FSU Relays	Mar. 25	28

400 Meters

Time	Event	Date	Finish
59.94	Tom Jones Invite	Apr. 17	22

400 Meter Hurdles

Time	Event	Date	Finish
1:03.18	UCF Black & Gold Invite	Mar. 19	4
1:03.72	ASUN Championship	May 15	3
1:03.86	FSU Relays	Mar. 26	12
1:04.23	UNF Invite	Apr. 29	26
1:04.53	Tom Jones Invite	Apr. 16	14

LYDIA VAN DIJK

800 Meters

Time	Event	Date	Finish
2:10.16	ASUN Championship	May 15	5
2:10.96	UNF Invite	Apr. 30	15

1500 Meters

Time	Event	Date	Finish
4:20.33*	UNF Invite	Apr. 29	6
4:20.37	ASUN Championship	May 15	2
4:22.17	NCAA East Prelims	May 27	29
4:26.08	Tom Jones Invite	Apr. 16	15
4:28.39	Flames Invitational	Apr. 9	2
4:35.19	FSU Relays	Mar. 26	5
4:36.38	UCF Black & Gold Invite	Mar. 19	2

LOUISA WASHBURN

Pole Vault

Mark	Event	Date	Finish
3.85m (12-7.5)	USF Invite	Apr. 4	2
3.80m (12-5.5)	UNF Invite	Apr. 29	3
3.72m (12-2.5)	ASUN Championship	May 14	2
3.60m (11-9.75)	Tom Jones Invite	Apr. 17	T13
3.50m (11-5.75)	UCF Black & Gold Invite	Mar. 19	2